

UOW Shoalhaven

12/07/2025

2KM

Place	Surname	Given Name	Time
1	Parmenter	Lani	0:12:56

3km

Place	Surname	Given Name	Time
1	Khourey	Robyn	0:25:20
2	Boatswain	Emerson	0:12:11

Medium Course 5.0KM

Place	Surname	Given Name	Time
1	Smart	Dennis	0:20:06
2	Armstrong	Scott	0:20:26
3	Smart	Tom	0:20:19
4	Arnold	Alex	0:31:02
5	Smart	Erin	0:24:55
6	Smart	Evie	0:24:55

Long Course 10KM

Place	Surname	Given Name	Time
1	Khourey	Peter	0:49:02
2	Bell	Martin	0:48:55
3	Sansom	Glen	0:51:38
4	Babian	Leith	0:40:46
5	Strand	Perry	0:45:57
6	Cooper	Rebecca	0:53:26