

UOW Shoalhaven

28/06/2025

1KM

Place	Surname	Given Name	Time
1	Sturgiss	Luca	0:08:07
2	Sproule	Ben	0:08:13
3	Sturgiss	Olive	0:08:20
4	Sproule	Hughie	0:08:33
5	Sproule	Will	0:08:56

2KM

Place	Surname	Given Name	Time
1	Sproule	Josie	0:13:43
2	Bell	Winter	0:11:13
3	Parmenter	Lani	0:11:32

3km

Place	Surname	Given Name	Time
1	Boatswain	Emerson	0:13:50
2	Khourey	Robyn	0:28:04

Medium Course 5.0KM

Place	Surname	Given Name	Time
1	Rose	Rod	0:27:50
2	Moeller-Duhme	Eva	0:43:03
3	Arnold	Alex	0:32:20
4	Sansom	Glenn	0:27:05
5	Bell	Miller	0:34:34
6	Johnson	Donna	0:49:07

Long Course 10KM

Place	Surname	Given Name	Time
1	Khourey	Peter	0:48:59
2	Babian	Leith	0:39:13
3	Bell	Martin	0:48:41
4	Bell	Elisha	0:45:43
5	Moeller-Duhme	Erich	1:03:03